



NORTH DAKOTA SAFETY COUNCIL

SAFETY+HEALTH CONFERENCE

52nd ANNUAL

February 24 - 27, 2025 • Bismarck, ND
Bismarck Event Center or Virtual

EMPOWER YOUR SAFETY JOURNEY

Open doors to new ideas and innovations at the region's largest safety & health conference!



WE INVITE YOU TO JOIN US!



I'm excited to invite you to the North Dakota Safety Council's 52nd Annual Safety & Health Conference in February 2025. Whether safety is a top priority in your company or an area you want to strengthen, this conference is designed to deliver the hands-on training and insight needed to take safety—and your business—to the next level.

One thing that hits home for me is that behind every safety statistic is a real person, a family, and a community impacted. The most recent Bureau of Labor Statistics reported a nearly 6% increase in fatal work injuries in 2022, after a 9% increase in 2021. That's a sobering reminder of why what we do matters. This conference isn't just about attending sessions; it's about turning those hard numbers into meaningful action that keeps our people safe.

“When safety becomes second nature, everyone wins.”

At the heart of every successful business is a healthy, motivated workforce. We all want our employees to thrive and perform at their best, but that only happens when safety is a top priority. Safety training and education are key to preventing accidents and promoting overall wellness for your employees and your company.

Investing in safety education isn't just about compliance—it's about building a culture where every team member feels empowered to look out for one another. This isn't just an obligation; it's a direct pathway to higher productivity, stronger teamwork, and greater job satisfaction. When safety becomes second nature, everyone wins.

I'd love for you to think of the 2025 conference as not just another work event, but as an opportunity to invest in yourself—and in your ability to influence positive change at work, at home, and in your community.

I truly believe this year's conference will offer valuable insights and experiences for companies of all sizes. I hope to see you there, and I encourage you to bring your team along to take advantage of this transformative opportunity.

Sincerely,

Chuck Clairmont
Executive Director
North Dakota Safety Council

ND+SC

NORTH DAKOTA SAFETY COUNCIL

A private non-profit.

1710 Canary Ave • Bismarck, ND 58501
800-932-8890 • ndsc.org

NDSC is dedicated to
PREVENTING INJURIES
and **SAVING LIVES.**

The North Dakota Safety Council is a private non-profit organization supported through grants, donations, training and memberships.

BOARD OF DIRECTORS

PRESIDENT

Dave Hoekstra
Starion Bank

VICE PRESIDENT

Denise Kolpack
City of Fargo

SECRETARY/TREASURER

Randy Niles
American Crystal Sugar

BOARD CHAIR

James Thorson
City of Grand Forks

Glenn Baranko
Baranko Bros. Inc.

Christin Fine
UND EERC

Cheryl A. Froelich
BNI Coal

Patty Furuseth
Marathon Petroleum
Corporation

Darrel Hellman
CHI St. Alexius Health

Jay Ivey
HESS Corporation

Rod Koch
WCCO Belting,
ContiTech USA, Inc.

Bill Kopp
Sanford Health
Bismarck

Max Milne
ONEOK, Rockies
Midstream, LLC

Jeffrey Rust
WBI Energy

Nathan Sandberg
Northern Improvement
Company

Jason Uhlir
Minnkota Power
Cooperative, Inc.

AGENDA

4 days of fun and quality safety training!

MONDAY, FEBRUARY 24

Pre-Conference (NDSC Campus & Bismarck Event Center)

- 7:00am - 8:00amPre-Conference Check-in
- 8:00am - 5:00pmPre-Conference Sessions
- 10:00am - 5:00pmEarly Check-In for Conference Attendees
- 12:00pmLunch for Pre-Conference Attendees
- 12:00pm - 8:00pmExhibitor Move-in

TUESDAY, FEBRUARY 25

- 6:30am - 7:00amFinal Exhibitor Setup
- 7:00am - 5:00pmCheck-In & Registration
- 7:00am - 8:00amExhibitor Networking & Continental Breakfast
- 8:00am - 9:45am**Opening Session & Keynote - Jimmy Yeary**
"5 Strategies to Songwriting"
- 9:45am - 5:00pmExhibit Hall Open
- 9:45am - 11:00amExhibitor Networking
- 11:00am - 12:00pmBreakout Sessions
- 12:00pm - 1:30pmLunch & Exhibitor Networking
- 1:30pm - 2:30pmBreakout Sessions
- 2:30pm - 3:30pmBreak & Exhibitor Networking
- 3:30pm - 5:00pmBreakout Sessions
- 5:30pm - 7:30pm**Event Social - Bismarck Hotel & Conference Center**

WEDNESDAY, FEBRUARY 26

- 7:00am - 5:00pmCheck-In & Registration
- 7:00am - 8:00amExhibitor Networking & Continental Breakfast
- 7:45amAnnual Meeting (public)
- 8:00am - 9:30am**Keynote - Greg "Boss" Wooldridge**
"The only 3-time Commanding Officer of the Blue Angels"
- 9:30am - 1:30pmExhibit Hall Open
- 9:30am - 10:30amExhibitor Networking
- 10:30am - 12:00pmBreakout Sessions
- 12:00pm - 1:30pmLunch & Exhibitor Networking
- 1:30pm - 2:30pmBreakout Sessions
- 2:30pm - 2:45pmBreak
- 2:45pm - 3:45pmBreakout Sessions
- 3:00pmExhibit Hall Closes & Tear down
- 3:45pm - 4:00pmBreak
- 4:00pm - 5:00pmBreakout Sessions

THURSDAY, FEBRUARY 27

- 7:00am - 9:30amCheck-In and Registration
- 7:00am - 8:00am**Bacon Breakfast**
- 8:00am - 9:15amBreakout Sessions
- 9:15am - 9:30amBreak
- 9:30am - 10:45amBreakout Sessions
- 10:45am - 11:00amBreak
- 11:00am - 12:15pm**Closing Session & Keynote**
Hunter Pinke
"No Bad Days: How to Live the Rest of Your Life without having Another Bad Day"



See what attendees said about our 2024 Conference!

"NDSC staff were all professional and cheerful."

"Great conference. Great hospitality. Great first experience in North Dakota and conference as a whole."

"Very well put together conference. Much better than conferences I have attended from other organizations in the past."

"I appreciate all the hard work that the team does to make this event such a success!"

YOU'VE GOT OPTIONS

Choose how you want to attend!

The NDSC Annual Safety + Health Conference is an affordable opportunity to network, learn and enjoy! With a variety of registration options, you can take part no matter your budget.

Pre-Conference

Courses priced individually (see pages 9-11 for prices)
Choose from a wide array of Pre-Conference courses on Monday, Feb. 24. **Lunch included!**

Full Conference

\$380 (if you qualify for all the discounts)
Receive access to three top-notch keynotes, all breakout sessions Tuesday thru Thursday, exhibitor show, breakfast and lunch Tuesday and Wednesday, Event Social Tuesday night, bacon breakfast on Thursday morning and much more!

Tuesday or Wednesday Only

\$295 (if you qualify for all the discounts)
Access to one keynote, breakout sessions on Tuesday or Wednesday, exhibitor show, Event Social Tuesday night and one day of breakfast and lunch.

Thursday Only

\$200 (if you qualify for all the discounts)
Access to Thursday's breakout sessions, bacon breakfast and closing keynote.

Virtual Conference

\$405 (if you qualify for all the discounts)
Access to three top-notch keynotes, and your choice of different breakout sessions on Tuesday and Wednesday, plus a bonus session on Thursday livestreamed to the comfort of your own office or home.

Tradeshow Attendee

\$70 (if you qualify for all the discounts)
Access to breakfast, exhibits and keynotes on Tuesday and Wednesday. **Lunch not included.**

REGISTER NOW AT
NDSC.ORG

All prices based on full discount available.

Cancellation Policy: A refund (minus 10% processing fee) will be issued for cancellations received by Feb. 14, 2025. Refunds will NOT be issued for cancellations made after this date. In the event of inclement weather, the NDSC will transfer your Conference attendance to virtual at no additional cost.

REGISTER EARLY!

Some classes have a maximum number of students allowed.

DISCOUNTS AVAILABLE

Three ways to save big on your conference registration!



1

Become a member. Annual membership fees begin at \$350 and your full conference membership discount is \$205. Become a member and save! [NDSC.org/membership](https://ndsc.org/membership)

2

Early bird discount through Jan. 31, 2025. **Save \$10-\$50 per registration** with our early bird discount.

3

WSI Scholarships. WSI policy holders can **save \$75-\$350 per registration.**

Thank you to our **SPONSORS**

Our purpose is to make North Dakota the safest state in the nation. While that vision inspires us and drives our daily work, it is impossible to achieve without our members, supporters and partners. Thank you for all you do to keep North Dakotans safe and for your support of the North Dakota Safety Council.

EVENT CHAMPION



MobilePro

AUDIO » VIDEO » LIGHTING » LIVE STREAMING

WSI

North Dakota Workforce
Safety & Insurance



PREMIER



SPONSORS make a difference!

PLATINUM



DIAMOND



Hosting a top quality safety conference
would not be possible without you.

TOGETHER, WE SAVE LIVES.

NDSC
NORTH DAKOTA SAFETY COUNCIL

GOLD



SILVER

Acme Tools
Addison Construction Co
Bismarck Hotel and Conference Center
Brady, Martz & Associates, P. C.
Braun Intertec Corporation
Bravera
CHS Pipelines and Terminals
ComDel Innovation
Dakota Carrier Network (DCN)
Dakota Underground Company

EAPC Architects Engineers
Edling Electric Inc
Giant Snacks Inc
Harvestone Low Carbon Partners
Hebron Brick and Block Supply
Horizon Resources
IIA Facility Services
Image Printing
Lignite Energy Council
Lunseth Plumbing & Heating Co.
Marvin
MMR Constructors, Inc.
Prairie Knights Casino

Precision Underground Inc
Presort Plus LLC
Rainbow Energy Center
S2Verify, LLC
Shermco Industries Canada Inc
Sun Electric
Trotter Construction
Verendrye Electric Co-op
Winn Construction Inc.
Wyoming Casing Service

BRONZE

Advanced Business Methods
Agri-Cover
AZCO
Badlands Environmental
BNC National Bank
Capital Electric Cooperative
Cintas
Corrosion Monitoring Services, Inc.
CW Structural Engineers
Dacotah Paper Co.
Dakota Growers Pasta

Eco Material Technologies
 Fargo Freightliner
Flash Printing
General Electric Steam Power Inc.
Grotberg Electric, Inc.
Heitkamp Construction Company, Inc.
Hupp Electric Motors ICS, Inc.
Impact Dakota
Indoor Services
Industrial Equipment Sales and Service
Johnson Controls, Inc.
Mavro Inc.

Minnkota Recycling and Secured Document Destruction
ND SHRM
NDTC
Neset Consulting
Norb Olind Construction
OK Tire Store
Red River Valley and Western Railroad
Southwest Area Safety Association
Trevor's Story
Verendrye Electric Co-op

SPEAKER

Spotlight

Don't miss these
top-notch speakers at
the 2025 Conference!



**Dr. Marla Corson,
PhD, CSP**

Dr. Corson has over two decades of experience transforming organizations through innovative safety initiatives. Dr. Corson delivers measurable results in safety improvements and inclusive people development across Fortune 500 companies. She challenges norms and inspires others to pursue their dreams.

**See Marla's sessions
B03, B34, C13**



**Mike
Harnett**

With a background in human factors and sleep neurobiology, Mike Harnett is regarded as a subject matter expert on the science of fatigue and safety management systems. Mike has been a researcher and consultant to various government agencies including the US Federal Rail Association and NASA.

**See Mike's sessions
PC04, A23**



**Peter
Batrowny**

Peter is an industry-leading and global environmental health, safety, and physical security executive with a progressive career history. A major hallmark of his career is his ability to transform cultures and build networks of communication and teamwork. He is able to connect with employees and understand their needs.

**See Peter's sessions
A29, B05, B15, B36, C02, C12**



**Scott
Gaddis**

Scott leads thought leadership and is VP and global practice leader of safety and health for Intelx Technologies. Scott leads in building of partnerships with key clients and other top influencers in EHS. He is responsible for the engagement of EHS professionals across the globe to provide a platform for sharing information and collectively driving solutions.

**See Scott's sessions
B18, C05**



**Dr. Jeffrey Anvari-Clark,
PhD, MA, LMSW**

Jeffrey is an Asst. Professor of Social Work at the University of North Dakota. He is faculty for both BSSW and MSW programs and regularly teaches on financial social work. He founded the Financial Interdependence Project and conducts research and training on the financial domain of behavioral health and financial interdependence.

**See Jeffrey's sessions
B04, C04**



**David Nix, MA,
LPC, MAC, CEAP**

Dave manages Conoco Phillips's Employee Assistance Program (EAP). His 24 years of EAP experience has taken him from military bases in Iraq during the war to the oil fields on the North Slope of Alaska. He is President of the Employee Assistance Roundtable and is on the Board of Directors for the Employee Assistance Professionals Association.

**See David's session
B40**

PRE-CONFERENCE COURSES

MONDAY, FEB. 24

See full course descriptions at ndsc.org/annualconference



PC01 • Compliance Rescue Refresher™

\$370 member • \$470 nonmember
Brad Warr, Chris Carlsen ROCO Rescue
8:00 am – 5:00 pm, Intermediate

A real emergency demands rescue proficiency. To maintain proficiency, refresher training and regular practice drills are vital. OSHA 1910.146 requires that rescue team members practice making permit space rescues at least once every 12 months from actual or representative confined spaces. Roco's Compliance Rescue Refresher™ course includes hands-on practice as well as problem-solving confined space and elevated scenarios to keep your team updated and prepared for response.

PC02 • Strategies to Improve Motor Carrier Safety and CSA Scores

\$220 member • \$255 nonmember
Trooper Joshua Anderson and Trooper Michael Hinrichs, ND Highway Patrol
8:00 am – 12:00 pm, All Levels

North Dakota Highway Patrol Members will take an in-depth look at FMCSA's Compliance, Safety and Accountability (CSA) program. Troopers will begin by reviewing how CSA scores are calculated and when alerts appear on a motor carrier profile. After creating a baseline understanding of scores, the training will then break down the use of the Safety Management Cycle to assist carriers in identifying strategies to improve and maintain their safety program.

PC03 • Adult CPR/AED/First Aid

\$95 member • \$100 nonmember
Kacy Kirby, NDSC HSE Consultant
8:00 am - 1:00 pm, All Levels

Do you know how to respond if your colleague collapsed on the job site? This course teaches students to take action in a medical emergency and prepares them to respond to choking, breathing and cardiac emergencies. Participants will learn how to use an automated external defibrillator (AED) in conjunction with CPR.

PC04 • Fatigue Risk Management

\$280 member • \$315 nonmember
Mike Harnett, Solaris Fatigue Management
8:00 am – 5:00 pm, All Levels

The workshop is designed to develop champions who will be able to lead their organization in the implementation of fatigue-related risk mitigation initiatives. In this workshop, you'll learn how to: 1) Develop a business case for managing fatigue related risks specific to your organization. 2) Clearly define your program including what it will look like, how it will be run and how it will remain viable. 3) Select the right tactical approaches to identify, assess and mitigate your fatigue related risk

PC05 • Mental Health First Aid

\$175 member • \$195 nonmember
Dennis Snodgrass, NDSC HSE Consultant
8:00 am – 5:00 pm, All Levels

Mental Health First Aid (MHFA) is skills-based training that teaches people how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge. Similar to physical First Aid and CPR, MHFA helps assist someone experiencing a mental health or substance use crisis until professional assistance is obtained or the crisis is resolved.

PC06 • Incident Investigation & Root Cause Analysis

\$350 members • \$450 nonmembers
Jay Skarphol, NDSC Safety Consultant
8:00 am – 5:00 pm, Advanced, Intermediate

Learn how to uncover the who, what, why, when and how of each workplace incident. This one-day class focuses on techniques for gathering complete, accurate and objective incident data so you can establish root causes, report findings and determine the best corrective action to prevent future incidents from happening.

PC07 • Next Level Leadership

\$250 member • \$285 nonmember
Ryan Bouda, LEAP Training and Coaching
1:00 pm- 5:00 pm, Intermediate

This high-level leadership workshop will teach attendees how to discover their innate strengths, vision, and intentions, unlocking their true leadership potential. The instructor will help attendees identify and eliminate unproductive behaviors that hinder their effectiveness as a leader, and develop transformative leadership skills that empower them to navigate change and drive exceptional results.

PC08 • Reasonable Suspicion for Supervisors

\$175 members • \$225 nonmember
Steven Mayer, NDSC HSE Consultant
8:00 am – 12:00 pm, All Levels

This classroom course will give supervisors from all industries valuable training on the management of drug and alcohol abuse in the workplace. Supervisors will learn what they need to look for, and actions to take if someone seems unfit for duty. In addition to learning how to perform reasonable suspicion/cause testing, they will also learn WHY it is important to do so.

PC09 • Ergonomics: Managing for Results

\$350 members • \$450 nonmember
Andrea Jensen, NDSC Safety Consultant
8:00 am – 5:00 pm, Advanced

Ergonomic-related issues are the #1 cause of workplace injuries. Repetitive motion and overexertion are the major risk factors facing American workers today. The one-day NSC Ergonomics course will teach you how to reduce the number and severity of musculoskeletal injuries in your workplace.

COURSE FEATURES

Look for these icons throughout the book to see specific course options and qualifications.



Course includes Hands-On Training



Course qualifies for the NSC Advanced Safety Certificate



Course available as Virtual Conference option

(See page 23 for more information)

PRE-CONFERENCE COURSES

PC10 • Leading an Effective Safety Committee

\$250 members • \$285 nonmember

Christin Fine, EERC & Kirsten Yeado, American Crystal Sugar

8:00 am - 12:00 pm, Advanced, Intermediate

Unlock the potential of your safety committee with this half-day, hands-on course designed for current and aspiring safety leaders. Participants will learn essential skills needed to establish and guide a safety committee that fosters a culture of safety and engagement.

PC11 • Road Construction & Traffic Control Standards Update

\$220 member • \$255 nonmember

Don Moseman, NDSC Training Director

8:00 am - 12:00 pm, All Levels

This course is for supervisors or workers involved in street and highway work who are expected to work in or around temporary traffic control. Workers who have a need for ANY type of traffic control can benefit from this training, including those in utilities, rail, road construction, maintenance, and city/county/state employees.

PC12 • OSHA 7410: Managing Excavation Hazards

\$150 member • \$180 nonmember

John Young, NDSC HSE Consultant

9:00 am - 3:30 pm, Advanced, Intermediate

This one-day course is designed as a training program to inform employers and employees of the best practices in trenching and excavation safety. Participants will learn about the role and responsibility of the employer to assign a "competent person" to the excavation site and provide that person with the knowledge of key excavation hazards.

PC13 • Workplace Trauma & Triage

\$135 member • \$165 nonmember

Aglae Young, NDSC HSE Consultant

9:00 am - 12:00 pm, Advanced, Intermediate

Today's professional responders encounter many challenges such as natural and man-made disasters and infectious diseases. Responders may require increased training to effectively handle these emergencies. This in-depth course focuses on immediate life-threatening situations and demonstrates how to respond quickly and effectively. It provides real-world perspectives on how frequently these situations occur to help provide context and retain knowledge.

PC14 • Spring Thaw

\$55 member • \$65 nonmember

Andy Heidrich, Aglae Young, Alan Roberts, Dr. David Saxon, Thad Sichmeller

9:00 am - 4:00 pm, All Levels

Statistics show that incidents tend to increase during April and May when many mining operations begin producing again, often with new employees who are unaware of the hazards of mining. Spring Thaw is designed to increase awareness of hazards for both surface coal and sand and gravel mines, and improve mine safety and health.

PC15 • NFPA 70E Arc Flash Electrical Safety

\$220 member • \$255 nonmember

Joe Schommer, RESA Power

8:00 am - 12:00 pm, Basic, Intermediate

The world of electrical hazards, protection and accident prevention can be a confusing place. Hundreds of deaths and thousands of injuries can be avoided each year by following the NFPA70E: Standards for Electrical Safety in the

Workplace. Be prepared by arming yourself with the knowledge of the types of electrical hazards and the effects of electrical shock and flash.

PC16 • HAZWOPER Refresher

\$225 member • \$255 nonmember

Reyka Ravenwood, NDSC HSE Consultant

8:00 am - 5:00 pm, Intermediate

This refresher course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates on and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident. This course will also cover respiratory protection, DOT ERG, NIOSH pocket guide, and other topics. Hands-on elements will include donning and doffing SCBA units, PPE tape up exercises, air monitoring equipment, as well as a special exercise utilizing the components of HAZWOPER.

PC17 • Elevating Safety Leadership: Advanced Strategies in Communication, Influence, and Engagement

\$250 members • \$285 nonmembers

Jason Kunz, The Kunz Companies

1:00 pm - 5:00 pm, Advanced, Intermediate

Step into the realm of safety leadership mastery with this advanced course designed to equip EHS and operational professionals to transform workplace safety through expert communication, strategic influence, and unparalleled worker engagement. In this dynamic workshop, participants will delve into the intricate art of fostering an environment where safety is not just a priority, but an ingrained value.

REGISTER NOW AT [NDSC.ORG/ANNUALCONFERENCE](https://www.ndsc.org/annualconference)

2025 CONFERENCE ATTENDEE FEES

	Pre-Conference	Full Conference	Tuesday Only	Wednesday Only	Thursday Only	Tradeshow Attendee	VIRTUAL Conference
ADMISSION TYPE	PC	FC	TO	WO	THO	TA	VC
Base Rate	Varies	\$985	\$630	\$630	\$425	\$100	\$680
DISCOUNTS							
Early Bird (by Jan. 31)	N/A	-\$50	-\$30	-\$30	-\$20	-\$10	-\$50
NDSC Member	Varies	-\$205	-\$105	-\$105	-\$80	-\$20	-\$150
WSI Scholarship	N/A	-\$350	-\$200	-\$200	-\$125	N/A	-\$75
Your Price	Varies	\$380	\$295	\$295	\$200	\$70	\$405
<i>If you qualify for all discounts</i>							

PC18 • De-Escalation

\$150 member • \$175 nonmember

Steven Mayer, NDSC HSE Consultant

1:00 pm – 3:00 pm, All Levels

Some professions require employees to encounter people in stressful situations. De-Escalation Training is a method to prevent potential violence. Individuals are shown how to use purposeful actions, verbal communications, and body language to calm a potentially dangerous situation.

PC19 • Fit for Duty

\$125 member • \$150 nonmember

Don Moseman, NDSC Training Director

1:00 pm – 3:00 pm, All Levels

This course will introduce attendees to the importance of having your employees be "Fit for Duty." Attendees will learn how to understand

the importance of substance use, misuse, fatigue, and stress and some of the sources that cause these situations to emerge.

PC20 • NFPA 70E Arc Flash Electrical Safety (REPEAT)

\$220 member • \$255 nonmember

Joe Schommer, RESA Power

1:00 pm – 5:00 pm, Basic, Intermediate

The world of electrical hazards, protection and accident prevention can be a confusing place. Hundreds of deaths and thousands of injuries can be avoided each year by following the NFPA70E: Standards for Electrical Safety in the Workplace. Be prepared by arming yourself with the knowledge of the types of electrical hazards and the effects of electrical shock and flash.

PC21 • Don't just hold your breath: Exposure assessment strategies to evaluate hazardous gas and vapors during oil and gas extraction and production activities

\$370 member • \$470 nonmember

John Snawder, Synergy America, Inc. CDC – NIOSH

8:00 am – 5:00 pm, Basic, Intermediate

Oil and gas exploration and production activities may lead to workers being exposed to potentially harmful airborne particulates, hydrocarbons and toxic gases. During this session, learn more about the process of characterizing the nature of emissions; how to identify the chemical components of the gas and vapors; and sampling strategies.

TO REGISTER FOR PRE-CONFERENCE

When registering to attend the Conference, you will select different in-person categories that already include Pre-Conference as an option.

PRE-CONFERENCE MEMBER DISCOUNT

NDSC Members receive discounts on Pre-Conference courses. Just enter MEMBER25 in the discount column at the beginning of registration.

TOP QUALITY TRAINING.
Low Cost Rates.

Thanks to support from Workforce Safety & Insurance, we are able to keep our conference rates affordable for every size of business. With WSI's scholarships, policy holders can save up to \$350 per individual registration.

FULL CONFERENCE

WSI Policy Holders

\$350 OFF

NDSC Members

\$205 OFF

Register by Friday, January 31, 2025 to

save up to an additional \$50

SAVE UP TO \$605!



WSI

North Dakota Workforce Safety & Insurance



Photo provided by Industrial Builders, Inc.

TUESDAY COURSES



TUESDAY KEYNOTE SPEAKER **JIMMY YEARY**

AKN-VKN • “5 Strategies To Songwriting”

AKA: Building Valuable Relationships

TUESDAY, FEB. 25 • 8:30 am - 9:45 am, All Levels



I FEEL, YOU FEEL. Learn the art of valuable connectivity through authentically feeling.
BE AUTHENTICALLY VALUABLE. Lead effectively by meeting that intrinsic need we all have to not feel alone.
SELL TO YOURSELF FIRST. This technique will enable you to see and feel the sale from the buyer's perspective.
YOU PAINT YOUR BACK DOOR, I'LL SEE MINE. Jimmy will show you how the most trivial details of any life can be precisely the pictures needed to create a desired connection.
MONEY WON'T MAKE YOU HAPPY, BUT HAPPY WILL MAKE YOU MONEY. Learn how the power of joy can exponentially improve productivity.

See full course descriptions at ndsc.org/annualconference

A01 – VA01 • Building Teamwork through Storytelling



Jimmy Yeary

11:00 am – 12:00 pm, All Levels

Nothing breaks down barriers and connects a team more effectively than sharing personal stories. Jimmy will be discussing techniques on how to connect one on one, or with a team, for the purposes of greater trust and productivity. After performing some of these hit songs, Jimmy will then write and perform a song with the group, showcasing the power of everyone's story.

A02 • Smooth is Fast



Brad Warr, Chris Carlsen, ROCO Rescue

11:00 am – 5:00 pm, Basic, Intermediate

The first five minutes of a rescue often dictate how the entire rescue goes. Using Roco's experience in training teams for competition, judging worldwide rescue competitions, competing ourselves and training thousands of rescuers, this course will use that knowledge to start every technical rescue off in the right way. **20 Students Max – Beginning Level Training Required**

A03 – VA03 • Developing Employees through Coaching, Feedback, and Self-Awareness

Cheryl Froelich, BNI Energy

11:00 am – 12:00 pm, All Levels



Have you ever had an employee who is in self-denial about their performance? Have you ever had a super star employee who you know is on the path to greatness? In this session, we will discuss the benefits of coaching, giving

feedback, and helping employees (or maybe even you) gain better self-awareness through coaching and feedback.

A04 • Zero Soft-Tissue MSD Recordables is Possible

Todd Prather, ART Solutions

11:00 am – 12:00 pm, All Levels

In this session the speaker will discuss the tangible steps and programs you can implement at your workplace to improve the risks associated with Soft-Tissue MSD claims, as well as details about what OSHA says about this topic. If you would like to eliminate soft tissue recordables, lower work comp costs, and/or increase employee engagement, this session is for you.

A05 • Accountability for Safety: How to (and how not to) Drive it Successfully

Shae Birkey, Caterpillar

11:00 am – 12:00 pm, All Levels

“Safety is everyone's responsibility” is a slogan that many companies have used for years, yet when we dig into who is responsible for what, how that expectation is communicated, how success is measured, and how we hold people accountable, these same companies are not putting their money where their mouth is. This discussion will include lessons learned and best practices in accountability successes and failures.

A06 • The Future of Safety & Health: Three Trends Shaping the Future of the Profession

Jason Kunz, The Kunz Company

11:00 am – 12:00 pm, All Levels

Unlock a journey into the future of safety and health as we unveil insights drawn from over 300 in-depth interviews and a decade of qualitative research. In this engaging and informative session, we will explore the dynamic landscape of the safety and health profession and reveal three trends that are reshaping its trajectory.

A07 • Overview of NIOSH health and safety research in the oil and gas industry and opportunities for partnership

Bradly King, PhD, MPH, CIH - NIOSH

11:00 am – 12:00 pm, Intermediate, Advanced

This presentation will review current research projects NIOSH is conducting in the upstream oil and gas industry, including efforts to investigate 1) noise exposures and hearing loss among oil and gas workers, 2) worker fatigue in the industry, and 3) lone worker risks. Opportunities will be presented for industry to partner with NIOSH to advance knowledge and improved recommendations in these areas.

REGISTER NOW AT

NDSC.ORG/ANNUALCONFERENCE

A08 • Hand Safety 101

Doug Bohl, Ansell

11:00 am – 12:00 pm, All Levels

Let's talk about hand safety! Do you know how to determine cut and puncture levels? Do you know that the abrasion and tear resistance of your gloves goes hand in hand with your glove's quality? How do we determine cut and puncture resistance? Did you know there is a new ANSI rating for impact gloves? How do you build a hand safety program? The session will end with a discussion on how to use site assessments to build a hand safety program.

A09 • Fleet Driver Qualification; It's More Than Driver's License Verification

Ryan Pietzsch, National Safety Council

11:00 am – 12:00 pm, All Levels

Motor vehicle crashes are the leading cause of death at work. Nonfatal crashes are also a leading cause of injury at work and often result in expensive worker compensation claims, increased vehicle insurance premiums, and lost productivity. If you have employees who drive in the course of their work, they're considered fleet drivers, regardless of who owns the vehicle they operate.

A10 • Introduction to Workers Compensation Claims: Claims 101

Reyne Richter, WSI

11:00 am – 12:00 pm, Basic

When someone is injured at work, do you know what to do? Claims 101 will focus on the claims process and philosophies. We will focus on the importance of having a claims management philosophy, the importance of injury reporting timeliness, and developing a return-to-work program.

A11 • NFPA 70E: The 101's of the Standard and Updates

Kam Alipour, Cintas Corporation

11:00 am – 12:00 pm, Basic, Intermediate

This session will discuss the 101 of the standard and what your company should be doing to stay in compliance with the standard. You will learn about topics from PPE, Hazard Risk Assessments, Electrical Safety Programs, Training, and much more. You will come out with a checklist of to-dos and next steps to ensure you are providing your employees with the right training, PPE, and equipment.

A12 – VA12 • Delivering Powerful Feedback

Ryan Bouda, LEAP Training & Coaching

1:30 pm – 2:30 pm, All Levels

Master the art of delivering powerful feedback with confidence using our ground-breaking model, "Transformational Communication." This interactive session focuses on nine essential steps. You will learn how to provide impactful feedback on behavior issues, address incident reports, and manage safety-related conversations with skill and poise.

A13 – VA13 • OSHA Standards Update

Scott Overson, Bismarck Area OSHA Director

1:30 pm – 2:30 pm, All Levels

Join us for an engaging and informative session that goes beyond the surface. Our "OSHA Insights" presentation offers an in-depth look at the latest rulemaking activities, providing a comprehensive understanding of how these developments impact businesses and industries.

A14 • Designing Out Crime for a Safer Environment

Sean Sugden, EAPC Architects Engineers

1:30 pm – 2:30 pm, Basic, Intermediate

This presentation explores how EAPC Architects Engineers incorporates Crime Prevention Through Environmental Design (CPTED) principles to enhance facility safety.

Presented by a CPTED-certified expert in the AE field, the session outlines key design principles such as Natural Surveillance, Natural Access Control, Territorial Reinforcement, and Maintenance.

A15 • REPEAT: Accountability for Safety: How to (and how not to) Drive it Successfully

Shae Birkey, Caterpillar

1:30 pm – 2:30 pm, All Levels

"Safety is everyone's responsibility" is a slogan that many companies have used for years, yet when we dig into who is responsible for what, how that expectation is communicated, how success is measured, and how we hold people accountable, these same companies are not putting their money where their mouth is. This discussion will include lessons learned and best practices in accountability successes and failures.



Photo provided by ND Energy Services.

TUESDAY COURSES

A16 • Ethics for the Safety Professional I

John Young, NDSC

1:30 pm – 5:00 pm, All Levels

This session is the first in a series of classes designed to meet the Board of Certified Safety Professionals (BCSP) requirement of .5 CEUs of continuing education in professional ethics. During this introductory presentation, we will discuss what ethics is and is not. How ethics are established. How ethics may vary by country. Review the BCSP Code of Ethics and discuss some common conflicts with the BCSP Code of Ethics faced by practicing safety professionals.

A17 • Crisis to Clarity: How Data Kept My Dad Afloat

Kaela Ballum, Cavendish Farms

1:30 pm – 2:30 pm, All Levels

My dad's survival of an offshore oil rig capsizement shows the power of data-driven decision-making. This story exemplifies human resilience and highlights the critical role of data in navigating and overcoming life-threatening emergencies. A powerful example of how data-driven decision-making can turn a crisis into an opportunity for learning and improvement.

A18 • Safety and Oxy Fuel Equipment

Leland Vetter, Weld Inspection Services

1:30 pm – 2:30 pm, All Levels

In this session the presenter will provide an overview of oxyfuel cutting, heating and welding, its equipment, operating procedures, and safety requirements. We will be taking a close look at how to set up equipment, do safety inspections, and how to use the equipment safely and properly.

A19 • There is no Safe in Safety without Passion

Amanda Norton, Savage

1:30 pm – 2:30 pm, All Levels

The effect of enthusiasm, dedication, and passion in the safety department can change the culture throughout a company, and make training reach even further. In this interactive presentation, the speaker will touch on ideas, attitudes, and actions that we as safety professionals can use to get buy-in and steer change towards a more positive safety culture.

A20 • What's Wrong with Wilma?

SIM ND

1:30 pm – 5:00 pm, Basic 

Using high-fidelity simulators, purposeful debriefing, and deliberate practice techniques learners will have a hands-on opportunity to manage 3 different kinds of female patients. Learners will be confident recognizing signs of a stroke, managing an opioid overdose, and using a team-based approach to CPR with an AED.

A21 • Contractor Pitfalls

Nichole Spoor, WSI

1:30 – 2:30 pm, Basic

This session explains North Dakota workers' compensation law and how it relates to independent contractors, general contractors and subcontractors.

A22 – VA22 • REPEAT: The Future of Safety & Health: Three Trends Shaping the Future of the Profession

Jason Kunz, The Kunz Company

3:30 pm – 5:00 pm, All Levels

Unlock a journey into the future of safety and health as we unveil insights drawn from over 300 in-depth interviews and a decade of qualitative research. In this engaging and informative session, we will explore the dynamic landscape of the safety and health profession and reveal three trends that are reshaping its trajectory.

A23 – VA23 • Sleep and World Domination: Your Hidden Superpower

Mike Harnett, Solaris Fatigue Management

3:30 pm – 5:00 pm, All Levels

In a world that never stops as we heroically juggle work, family and the occasional existential crisis, shut-eye often takes a backseat. Fret not, sleep-deprived crusaders. Fasten your utility belt as we soar through the land of sleep, unmasking the mysteries of circadian rhythms, the myths of shift work, and the hidden superpower buried under the laundry pile of life.

A24 • Reducing Injury with Wearable Technology

Tom West, MakuSafe Wearable Tech

3:30 pm – 5:00 pm, All Levels

Workforce wearable smart tech can go beyond biometrics and fitness, tracking usable data that's relevant to employee safety and focused on the environment around an employee, rather than the employee themselves. This leading indicator data includes things such as environmental (IH) hazards, slips/trips/falls, strain and exertion risk, ergonomic concerns, and voice reported good-catches, providing a more complete picture of workplace risk and elevating input from the front line worker.

A25 • WSI's Ergonomic Grant Program...How Can It Help Your Company?

Randy Wegge, WSI

3:30 pm – 5:00 pm, All Levels

This session will give an overview of WSI's ergonomic grant program. Some of the topics that will be discussed include program eligibility, key components of the program,

grant levels, and Q & A. Attendees will gain a better understanding of the program process and the benefits of participating.

A26 • Unlock Success Through Emotional Intelligence

Ryan Bouda, LEAP Training & Coaching

3:30 pm – 5:00 pm, All Levels

In this presentation, we'll explore the four core components of emotional intelligence—self-awareness, self-regulation, social awareness, and relationship management—and how they influence effective leadership. You'll learn how improving these skills can lead to stronger connections, better decision-making, and a more cohesive team environment.

A27 • Making the Workplace Safe for Spanish Speaking Employees

Rachel Elofson, Olaf Anderson

3:30 pm – 5:00 pm, All Levels

According to the US Census Bureau, the number of Spanish speakers has doubled since 1990. Hispanic and Latino workers have significantly higher rates of injuries and fatalities than other ethnic minority populations. Language barriers contribute significantly to these incidents. In this session, the speaker will present a number of resources available to aid in training and communication with these workers.

A28 • Stay Safe on a Small Budget: Organization Techniques for Small Businesses

Kayla Quinell, Northern Plains

Compliance Consulting

3:30 pm – 5:00 pm, All Levels

Are you a one-person safety show trying to juggle DOT compliance, multiple sites, and endless paperwork? This workshop is here to help you get organized when you don't have access to software platforms or an IT team. We'll dive into basic and advanced tricks for managing safety and DOT. We will explore how to make the most of tech tools, simple organization hacks, and a mix of free and low-cost resources.

A29 • Viewing Stop-Work Authority through a Human Factors Lens

Peter Batrowny, SafeStart

3:30 pm - 5:00 pm, All Levels

This session will explore how organizations can create a climate where people will proactively look out for each other and speak up or intervene when unmanaged risk is identified or safety decisions seem compromised. We will discuss how the human factors framework can be a valuable tool to examine the value of a stop-work authority (SWA) program.

REGISTER NOW AT [NDSC.ORG/ANNUALCONFERENCE](https://www.ndsc.org/annualconference)

Conference EVENTS

The fun side
of safety!



Sponsored by



EVENT SOCIAL

Tuesday, Feb. 25, 5:30-7:30 pm

Bismarck Hotel, 800 3rd Street, Bismarck

Network with colleagues, enjoy delicious appetizers and a cash bar. Hospitality Suites available for \$200! Reserve yours today by emailing ndsafetyconference@ndsc.org.

EXHIBITOR SHOW

Tues, Feb. 25, 7 am - 5 pm and

Wed, Feb. 26, 7 am - 3 pm

More than 100 exhibitors to help you with solutions and insights! Booth prices start at just \$730, reserve yours today at ndsc.org/annualconference



Sponsored by



FUN & GAMES

Find the Search for Safety and the Safety Scavenger Hunt game pages in the Program Guide for a chance to win one of TWO \$150 Visa gift cards. Plus other fun activities throughout the Event Center. Watch ndsc.org and your inbox for more details.

SILENT AUCTION

Place your bids in-person or virtually and help save lives. All proceeds go toward NDSC efforts to prevent injuries and save lives. Donate by emailing lisah@ndsc.org. Auction closes Wednesday at 1:30 pm.

BRAND NEW THIS YEAR!

CAVENDISH FRENCH FRY HOUR



Tuesday, Feb. 25

2:30-3:30 • Exhibit Hall

Savor the crispy goodness at Cavendish French Fry Hour. Keep the conversations and the fries flowing during the afternoon networking break on Tuesday in the Exhibit Hall.



WESCOM LOUNGE

Step into the Wescom Lounge! Whether you need to recharge your phone or yourself, we've got you covered. Relax in our cozy, outdoor-inspired space, grab a beverage, and take a break from the conference buzz. It's the perfect spot to catch your breath, reconnect with colleagues, or simply recharge.

Come by and kick back in the *northeast corner* of Exhibit Hall C.



WESCOM



WEDNESDAY COURSES



WEDNESDAY KEYNOTE SPEAKER GREG "BOSS" WOOLDRIDGE

**BKN-VKN: "The Only
Three-time Commanding Officer
of the Blue Angels"**

WEDNESDAY, FEB. 26 • 8:00 am - 9:30 am, All Levels 

- The .01%: Blue Angels pilots are the elite, and they require special leadership to realize their potential.
- The "Tip of the Spear": Being an effective leader requires a mindset of trust, confidence, and open communication. Great teams win together.
- Extreme Focus & Precision: Every maneuver performed by the Blue Angels comes with a risk. Greg employs strategies that emphasize focus while maintaining safety and accuracy.
- The Glad To Be Here® Mindset: The mindset designed to empower others as they embrace gratitude, purpose, passion, and presence

See full course descriptions at ndsc.org/annualconference

B01 – VB01 • The Five Dynamics of a "Glad to Be Here" Debrief

Greg "BOSS" Wooldridge

10:30 am – 12:00 pm, All Levels

This session focuses on the five dynamics used by The Blue Angels during debriefs. From creating a safe, respectful environment and being honest and accountable, to expressing gratitude, these dynamics can be used in any industry to increase the impact of meetings and the cohesiveness of teams.

B02 • Tenders & Taglines

Brad Warr, Chris Carlsen, ROCO Rescue


10:30 am – 2:30 pm, Basic, Intermediate

Safely moving casualties is the highest priority in technical rescue. When the patient gets into the air, controlling movement is paramount. This session will explore sending a rescuer with the casualty vs using tag lines to control the load. Attendees will get to experience riding in a basket as a patient, controlling the load with tag lines and learning different methods to control the loads in a live patient teaching format.

20 Students Max – Beginner Level Training needed.

B03 – VB03 • AI-Powered Safety: Revolutionizing Workplace Health and Risk Management

Dr. Marla Corson, Corson Consulting & Speaking

10:30 am – 12:00 pm, Advanced 

Explore the transformative power of Artificial Intelligence (AI) in workplace safety and health. Learn how to leverage AI for enhanced risk management, improved worker well-being, and more effective safety practices. Discover strategies to create safer, more efficient work environments through innovative AI applications.

B04 • Financial Interdependence and the Workplace: Promoting Employee Well-being and Safety

Dr. Jeffrey Anvari-Clark, UND

10:30 am – 12:00 pm, All Levels

This session explores the concept of financial interdependence (FI) and its impact on workplace safety and employee well-being. Participants will learn how FI related financial stress and social relationships affect employee performance, decision-making, and safety.

B05 • A Vision for Operational Excellence that Starts with Safety

Peter Batrowny, COVE

10:30 am – 12:00 pm, All Levels

It is well documented that organizations that have and continuously improve safety performance also perform well in quality, cost and customer satisfaction. In all cases, we must see the opportunities for improvement if we are going to address them. This presentation will focus on how managing and reducing risk is critical to continuously improving safety performance and operational excellence.

B06 • WSI Safety 101

Jim Ash, WSI

10:30 am – 12:00 pm, All Levels

This training session is designed for individuals who are new to the world of safety or those who juggle multiple roles in addition to safety responsibilities. Whether you're just starting out or managing safety alongside other duties, Safety 101 will provide a foundation in key safety concepts and practical strategies to keep your workplace safe.

CALL FOR NOMINATIONS

Do you know someone
outstanding in the safety field?

Deadline to submit nominations for the
NDSC's **Duane Kuehn Outstanding Safety
Professional Award** is January 24, 2025.

Find the application online at ndsc.org/awards

B07 • Situational Awareness

*Drew Moldenhauer, Blue Ethos
Specialized Training*

10:30 am – 12:00 pm, All Levels

The objective of this presentation is to assist safety professionals in enhancing safety protocols by emphasizing the importance of situational awareness in high-stress, high-consequence, and time-sensitive environments. We aim to provide organizations with insights into improving decision-making processes during high-risk scenarios, offering strategies to enhance critical thinking and resilient problem-solving skills among their members.

B08 • Practical Use of Root Cause Analysis for the Safety Professional

Archie Gilliss, CBRE, Inc.

10:30 am – 12:00 pm, Basic, Intermediate

RCA is a structured facilitated team process to identify root causes of an event that resulted in an undesired outcome and develop corrective actions. The RCA process provides you with a way to identify breakdowns in processes and systems that contributed to an event and how to prevent future events.

B09 • Pain's Impact on Serious Injuries and Fatalities

Dr. Kevin Rindal, Vimocity

10:30 am – 12:00 pm, Intermediate, Advanced

Most safety strategies for preventing Serious Injuries and Fatalities (SIFs) focus on environmental controls to reduce hazards. While vital, this approach alone doesn't address a hidden risk: the human factor. Employees in pain are at greater risk, as discomfort directly impacts focus, hazard recognition, and decision-making. In this session, discover an often overlooked but powerful way to mitigate SIFs.

B10 • Basics of Machine Guarding Hazards

John Young, NDSC

10:30 am – 12:00 pm, All Levels

This 90-minute presentation focuses on identifying common machine guarding hazards and will discuss the means and methods to abate those hazards to protect employees.

B11 • Coworker in Crisis: Effective Strategies in Mental Health Emergency Response

SIM ND

10:30 am – 12:00 pm, All Levels

Do you know how to respond to a coworker in a mental health crisis? This session will teach techniques to assist in deescalating crisis situations and keeping people safe until professional help can be accessed.

B12 – VB12 • Passing Through the Storm

Dennis Snodgrass, NDSC

1:30 pm – 2:30 pm, All Levels

This presentation is about the dangers of distracted driving. No family is ever untouched by tragedy, and it is common

to feel disconnected from others that have similar heartbreak. Some cope better than others, but it is important to learn from our experiences and never let any incident go to waste. There is hope and healing when passing through the storm.

B13 – VB13 • Dynamic Delegation: Unlock Potential through Trust

Ryan Bouda, LEAP Training & Coaching

1:30 pm – 2:30 pm, All Levels

In this presentation, you'll explore the barriers that often hinder effective delegation and learn practical strategies to overcome them. We'll guide you through creating a robust delegation plan, executing it with confidence, and navigating the inevitable challenges that arise. By the end, you'll be equipped to delegate in a way that not only enhances your own productivity but also empowers others to grow and thrive, unlocking their full potential through trust and collaboration.

B14 • Women at Work: Lean on and Leverage Allies

Kaela Ballum, Cavendish Farms

1:30 pm – 2:30 pm, All Levels

Let's talk about a transformative journey, one destined to redefine the dynamics of male-dominated industries by leading with integrity and sharing experiences. Aiming to educate, bridge the gap, foster collaboration, and drive mutual empowerment between men and women in the workplace.

B15 • Culture Catalyst

Peter Batrowny, SafeStart

1:30 pm – 2:30 pm, All Levels

Years of research and fieldwork have identified six key skills that can improve your workplace safety climate today. And that means a stronger safety culture tomorrow. Discover how supercharging these skills can positively change the narrative about safety and spark EHS improvements throughout your organization.



Photo provided by Northern Improvement

WEDNESDAY COURSES

B16 • Basics of Permit-Required Confined Space

Eric Wollan, OSHA Compliance

1:30 pm – 2:30 pm, Basic, Intermediate
Working in confined spaces presents some of the most challenging safety risks in industrial environments. This session will provide an in-depth look at the hazards associated with permit-required confined spaces (PRCS), the regulatory requirements for managing these risks, and the best practices for preventing incidents in these high-risk environments.

B17 • Wanna Get High?

Trooper Tarek Chase, NDHP

1:30 pm – 2:30 pm, All Levels
This session will discuss current drug trends, both across the United States and locally in North Dakota. The substances of abuse range from legally, easily accessible items to Federally illegal substances. Participants will be shown examples of each substance discussed in the session which will also lead to being able to better identify seemingly harmless items as substances of abuse.

B18 • Resurrecting the Bradley Curve: A Journey to Safety Culture Interdependence

Scott Gaddis, Intelx Technologies

1:30 pm – 2:30 pm, All Levels
In the rapidly evolving landscape of today's work environments, fostering a robust safety culture is more crucial than ever. Safety has evolved beyond mere compliance with regulations; it is now about creating a work environment where every individual feels responsible not only for their own well-being but also for the safety of their colleagues.

B19 • Movement Health and its Impact on Mental Health

Dr. Kevin Rindal, Vimocity

1:30 pm – 2:30 pm, All Levels
Employees dealing with muscle or joint pain are not only at a higher risk of injury but also face a greater chance of mental health challenges—factors that directly impact job satisfaction and retention. In this session, we'll explore the powerful link between movement health and mental resilience and share proven, practical strategies to keep employees pain-free, engaged, and thriving.

B20 • Navigating the Arc: Achieving Safety Excellence in Your Arc Rated Clothing Programs

Derek Sang, Bulwark

1:30 pm – 2:30 pm, All Levels
Safety professionals must ensure not only compliance but actual worker safety in industries with short-duration thermal exposures hazards such as "arc flash". This presentation delves into key decisions in the selection, use, care, and maintenance of Arc Flash protection, highlighting the complexities that safety professionals face,

including training employees on proper use of AR clothing and balancing compliance with true safety.

B21 • Employee Mental Health: The Lemon in the Room

Laurie Sharp-Page, Conscious Coping

1:30 pm – 2:30 pm, All Levels
In this session participants will confront a pressing issue often overlooked in workplace development. Participants will delve into the complexities of mental health in the workplace and explore practical strategies for fostering a culture of support and well-being.

B22 – VB22 • Unlocking the Digital Dilemma: Navigating the Dangers of Digital Addiction

Pat Traynor, Dakota Medical and Impact Foundations

2:45 pm – 3:45 pm, All Levels
In our increasingly interconnected world, the allure of digital devices and platforms can become a double-edged sword, leading down the road to a health and cultural issue known as digital addiction. We will dive deep into the intricate web of digital media use, shedding light on its far-reaching consequences on our health, relationships, and society as a whole.

B23 • Knotology 2.0

Brad Warr, Chris Carlsen, ROCO Rescue

2:45 pm – 5:00 pm, Basic
A knot so deep followup to 2024's popular session. A quick look into how the knots we tie in rescue can make our everyday lives easier. A hands-on Instagram and TikTok short video over the course of an afternoon. From the bed of the truck at the Home Depot to camping with the family, to hanging that once in a lifetime buck, knowing how to tie and use a few well-chosen knots can make our load in life as secure as a winning Powerball ticket.
30 Student Max – No prior training needed

B24 – VB24 • Selling Safety to Your Team

Andrea Jensen, NDSC

2:45 pm – 3:45 pm, All Levels
If you have ever had to or will need to convince management or frontline employees to buy-in to a safety initiative this class is for you. In this session we will discuss why you must sell safety and what type of safety you are selling. This session will also identify who you are selling safety too (who your audience is!) and will give tips for the implementation of your safety initiative. After this session you will have the tools you need, to increase safety buy-in.

B25 • Panel Discussion: Women in Safety Across Industries

*Christin Fine, EERC, UND
Kaela Ballum, Cavendish Farms*

*Patty Furuseh, Marathon Petroleum
Rachel Elofson, Olaf Anderson*

2:45 pm – 3:45 pm, All Levels
This session brings together women in safety leadership roles in the industries of energy research, food manufacturing, oil & gas, and construction. They will discuss the unique challenges they face, as well as stories of success in overcoming challenges specific to women in safety.

B26 • Understanding 2023 NFPA 70B: Standard for electrical equipment maintenance

Joe Schommer, RESA Power

2:45 pm – 3:45 pm, All Levels
This session will provide the details of NFPA 70B, a new standard that went into effect in 2023. Previously a "recommended practice", this standard will provide practical safeguards, protecting people and supporting more reliable electrical systems.

B27 • REPEAT: What's Wrong with Wilma

SIM ND

2:45 pm – 5:00 pm, All Levels
Using high-fidelity simulators, purposeful debriefing, and deliberate practice techniques learners will have a hands-on opportunity to manage 3 different kinds of female patients. Learners will be confident recognizing signs of a stroke, managing an opioid overdose, and using a team-based approach to CPR with an AED.

B28 • Ethics for the Safety Professional II

John Young, Dennis Snodgrass, NDSC

2:45 pm – 5:00 pm, All Levels
This session is the second in a series of classes designed to meet the Board of Certified Safety Professionals (BCSP) requirement of .5 CEUs of continuing education in professional ethics. During this presentation, we will dig deeper into the intent of the BCSP Code of Ethics and discuss some common conflicts with the BCSP Code of Ethics faced by practicing safety professionals.

B29 • Trenching Hazards, Findings from the Field

Scott Overson, OSHA

2:45 pm – 3:45 pm, All Levels
Scott Overson, Bismarck Area OSHA Director, will share what Field Officers are finding to be the cause of injuries and incidents as it relates to trenching.

B30 • Stay Alert, Stay Alive: The Hidden Dangers of Distracted Driving

Jerry Winter, South Dakota Safety Council

2:45 pm – 3:45 pm, All Levels
This class is designed to equip drivers with the knowledge and skills necessary to stay safe on the road. This interactive session covers the various forms of distractions, including texting, phone calls, and in-car entertainment systems, and highlights their impact on driving performance.

B31 • Understanding your WSI Coverage Requirements

Nichole Spoor, WSI

2:45 pm – 3:45 pm, All Levels

The landscape of today's workforce is ever-changing. Employers are faced with many complex issues, understanding workers' compensation coverage doesn't have to be one of them.

B32 • Avoid Avoidance: Effective Coping & Your Mental Health

Laurie Sharp-Page, Conscious Coping

2:45 pm – 3:45 pm, All Levels

In "Avoid Avoidance: Effective Coping & Your Mental Health," participants will embark on a dynamic exploration of coping strategies essential for nurturing mental well-being. Through interactive discussions and practical exercises, we will delve into the art of effective coping and its profound impact on mental health outcomes, particularly for professionals in public health and safety.

B33 - VB33 • The Gen Effect: Igniting Collaboration in Today's Multi-Generational Workplace

Ryan Bouda, LEAP Training & Coaching

4:00 pm – 5:00 pm, All Levels

We are in one of the most generationally diverse times in the history of the workplace. The Gen Effect is focused on teaching you the communication and leadership challenges that exist between generations but, more importantly, the tools and skills needed to successfully navigate these interactions.

B34 – VB34 • Redefining Safety Leadership: The Crucial Role of Diversity and Inclusion

Dr. Marla Corson, Corson Consulting & Speaking

4:00 pm – 5:00 pm, Advanced

Dr. Marla D. Corson, Ph.D., CSP, challenges traditional safety leadership notions and explores the power of diversity in workplace safety. Drawing from her Fortune 500 and USAF experience, she demonstrates how diverse perspectives lead to innovative safety solutions and stronger cultures.

B35 • Get your LEAN on: Do you want to be a Productivity Ninja?

Wendy Hauff, Impact Dakota

4:00 pm – 5:00 pm, Basic

Listen Up! Are you ready to transform your operations into a powerhouse? Dive into the world of LEAN systems and principles! We're talking about skyrocketing your productivity and maximizing your resources, especially your amazing team.

B36 • Lopsided SMS: Six Ways to Balance Metrics and Improve Outcomes

Peter Batrowny, SafeStart

4:00 pm – 5:00 pm, Intermediate, Advanced

Competing priorities in safety can lead to an imbalance of outcomes. With limited time and budget, it's critical to know which areas to focus on. This session will use guiding principles from the new ANSI/ASSP Z16.1-2022 standard to show how to achieve a balanced approach in managing complex safety systems.

B37 • Noise Dosimetry

Preston Johnson, OSHA

4:00 pm – 5:00 pm, Intermediate, Advanced

Excessive noise exposure in the workplace is a leading cause of preventable hearing loss and

other long-term health issues. This session will explore the latest advances in noise dosimetry technology, the best practices for its application in various work environments, and how organizations can improve their hearing conservation programs to ensure worker safety.

B38 • Benefits of Becoming a Certified Safety Professional

Christin Fine, UND EERC

4:00 pm – 5:00 pm, All Levels

This presentation covers all the certifications and designations offered by the Board of Certified Safety Professionals (BCSP). Other information covered is about BCSP, credential accreditation, and other items BCSP offers to help become certified.

B39 • Scaffolding Safety

Eduardo Avila, Apache Industrial

4:00 pm – 5:00 pm, All Levels

Scaffolding remains an essential tool in construction and maintenance projects, providing workers with the necessary access to elevated workspaces. However, scaffolding accidents continue to be a leading cause of injuries and fatalities in the industry. This session will focus on the latest advancements in scaffolding safety.

B40 • PPE for the Mind: Creating Effective Mental Health Strategies

Dave Nix, Conoco Phillips

4:00 pm – 5:00 pm, Intermediate

Many experts believe we are on the precipice of a mental health crisis. It is more important than ever to effectively address mental health concerns within the workplace. According to the National Institute on Health, one in five employees will experience a mental health condition each year.



Photo provided by Baker Boy

THURSDAY COURSES



THURSDAY KEYNOTE SPEAKER **HUNTER PINKE**

CKN-VKN: “No Bad Days: How to Live the Rest of Your Life without having Another Bad Day”

THURSDAY, FEB. 27 • 11:00 am - 12:15 pm, All Levels



After becoming a paraplegic in a skiing accident, Hunter was told he would have good days and bad days going forward. He decided differently. Hunter shares the real source of joy and the truths that can get you through any tough day.

See full course descriptions at ndsc.org/annualconference

C01 – VC01 • Believe in Safety

Brandon Schroeder, Believe in Safety

8:00 am – 9:15 am, All Levels

Brandon Schroeder was an active tradesman for 15 years before one day changed his perspective on safety forever. August 24, 2011 should have been listed as Brandon's date of death, but it was instead his catalyst for change. Brandon was involved in an arc flash accident that shook a building over a block away from the accident site. He was lucky enough to survive, not without a fight, and chose to tell his story to thousands worldwide to affect change in how employees view safety.

C02 • Beyond the Buzzword: What being Proactive in Safety Really Means

Peter Batrowny, COVE

8:00 am – 9:15 am, All Levels

Responding to incidents is a critical capability for any organization. Caring for those impacted, restoring or modifying equipment that is involved, and returning to normal operation is important. Learning from any incident offers the opportunity to make the changes necessary that will prevent the incident from occurring again.

C03 • REPEAT: Coworker In Crisis

SIM ND

8:00 am – 9:15 pm, All Levels

Do you know how to respond to a coworker in a mental health crisis? This session will teach techniques to assist in deescalating crisis situations and keeping people safe until professional help can be accessed.

C04 • The Financial Domain of Behavioral Health: A Critical Component of Workplace Safety

Dr. Jeffrey Anvari-Clark, UND

8:00 am – 9:15 am, All Levels

Financial concerns impact behavioral health and workplace safety, yet are often overlooked. This session explores the critical intersection of the financial domain of behavioral health and workplace safety, providing practical strategies for professionals to address this important aspect of worker well-being.

C05 • How Smart Devices are Changing Safety for the Better

Scott Gaddis, Intelex Technologies

8:00 am – 9:15 am, Intermediate, Advanced

In the changing landscape of safety technology, a shift from conventional desktop setups to mobile digital devices has revolutionized how organizations approach safety. Today, mobile applications allow workforces to remain efficient and active as partners in an organization's safety program. Workers now anticipate intuitive technology that is easily accessible and convenient.

C06 • Can you Dig It (Safely?)

Brad Warr, Chris Carlsen, ROCO Rescue

8:00 am – 9:15 am, All Levels

2022 was a deadly year for working in trenches in the US. Fatality rates more than doubled from the previous year. Was there a common thread or theme in those fatalities we can learn from? Let's review what it takes to work in trenches safely and dig into the reports to identify the gaps that led to so many tragedies.

C07 • REPEAT: Situational Awareness

Drew Moldenhauer, Blue Ethos Specialized Training

8:00 am – 9:15 am, All Levels

The objective of this presentation is to assist safety professionals in enhancing safety protocols by emphasizing the importance of situational awareness in high-stress, high consequence, and time-sensitive environments. We aim to provide organizations with insights into improving decision-making processes during high-risk scenarios, offering strategies to enhance critical thinking and resilient problem solving skills among their members.

C08 • North Dakota Workforce Safety and Insurance Loss Control Programs and Service Offerings

Benjamin Sand, WSI

8:00 am – 9:15 am, All Levels

This session will provide an overview of all NDWSI Loss Control programs and services which can help reduce the risk of workplace injuries and lower workers' comp costs for WSI policyholders. They include safety incentive programs, grant programs, safety consultation services, experience rate analysis, conducting accident investigations, safety training programs (OSHA 10 and 30 hour), and an ergonomics initiative.

C09 • REPEAT: OSHA Standards Update

Scott Overson, OSHA

8:00 am – 9:15 am, All Levels

Join us for an engaging and informative session that goes beyond the surface. Our "OSHA Insights" presentation offers an in-depth look at the latest rulemaking activities, providing a comprehensive understanding of how these developments impact businesses and industries.

REGISTER NOW AT [NDSC.ORG/ANNUALCONFERENCE](https://ndsc.org/annualconference)

C10 • Track Smart: Safety Tips for a Safer Journey

Kerri Gortmaker, BNSF

8:00 am – 9:15 am, Basic, Intermediate

A comprehensive and practical presentation brought to you by Operation Lifesaver of the Dakotas. This session is designed to empower individuals with essential knowledge and proactive steps for staying safe around railroad tracks and trains. Every year, accidents involving trains are tragically preventable, often stemming from a lack of awareness about train safety practices.

C11 • Oil & Gas Industry Focus Panel

Ron Ness, North Dakota Petroleum Council

8:00 am – 9:15 am, All Levels

NDPC President Ron Ness and oil and gas leaders discuss how safety remains the top priority in the oil and gas industry, demanding continuous innovation. This panel discussion features industry leaders sharing insights on the latest trends, technologies, and strategies to advance safety standards.

C12 • REPEAT: Viewing Stop Work Authority Through a Human Factors Lens

Peter Batrowny, SafeStart

8:00 am – 9:15 am, Intermediate, Advanced

This session will explore how organizations can create a climate where people will proactively look out for each other and speak up or intervene when unmanaged risk is identified or safety decisions seem compromised. We will discuss how the human factors framework can be a valuable tool to examine the value of a stop-work authority (SWA) program.

C13 • REPEAT: AI-Powered Safety: Revolutionizing Workplace Health and Risk Management

Dr. Marla Corson, Corson Consulting & Speaking

9:30 am – 10:30 am, Advanced

Explore the transformative power of Artificial Intelligence (AI) in workplace safety and health. Learn how to leverage AI for enhanced risk management, improved worker well-being, and more effective safety practices. Discover strategies to create safer, more efficient work environments through innovative AI applications.

C14 • Safety Committees

Andrea Jensen, NDSC

9:30 am – 10:30 am, All Levels

You put together a safety committee and have had a few meetings, now what? In this session we will identify what could be holding your committee back from reaching its full potential. How to engage committee members so that they become safety champions and problem solvers. This session will also help you develop a strategic plan for your committee so they can develop goals and projects. After this session you will know how to take your committee to the next level, from discussing safety issues to solving those issues.

C15 • Coaching Leaders: How to have Difficult Employee Conversations

Cheryl Froelich, BNI Energy

9:30 am – 10:30 am, All Levels

Fear no more! Let's talk about how to confront those difficult employee conversations with tact and confidence. During this session we will walk through several examples of difficult employee conversations such as attendance issues, body odor, and more.

C16 • REPEAT: Stay Alert, Stay Alive: The Hidden Dangers of Distracted Driving

Jerry Winter, South Dakota Safety Council

9:30 am – 10:30 am, All Levels

This class is designed to equip drivers with the knowledge and skills necessary to stay safe on the road. This interactive session covers the various forms of distractions, including texting, phone calls, and in-car entertainment systems, and highlights their impact on driving performance.

C17 • Crisis Communication

Dr. Patricia Traynor, University of Mary

9:30 am – 10:30 am, Intermediate, Advanced

In today's fast-paced, interconnected world, crises can arise at any moment, and how an organization communicates during these critical times can make the difference between recovery and long-term damage. This session will explore the key principles and best practices of crisis communication, offering actionable strategies for managing communication during high-stress situations and ensuring that your organization is prepared to handle any crisis with clarity and confidence.

C18 • Visibility like never before: Understanding your gas detection data and driving outcomes

Andy Speidel, MSA

9:30 am – 10:30 am, All Levels

What's happening, why, and how do I get notified? Companies want to be aware of trends and changes in their performance over time. Once companies can understand the data presented to them they can easily identify next steps and actions to take.

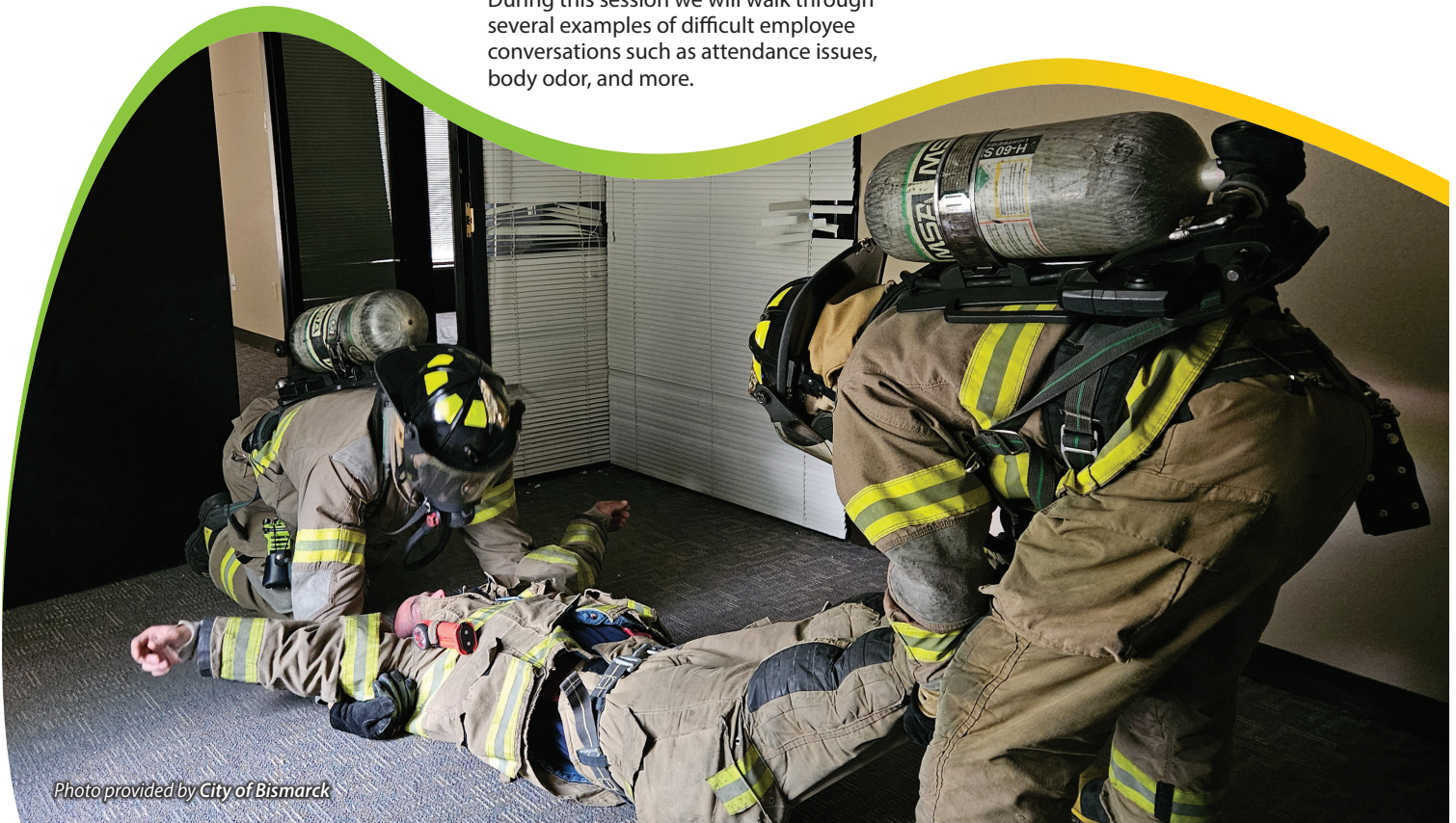


Photo provided by City of Bismarck

THURSDAY COURSES

C19 • Shift Work: How to get your Best Sleep while Shift Working

Amber Haas, Sanford Health

9:30 am – 10:30 am, All Levels

When your work schedule rotates you through days, afternoons and nights, your sleep begins to suffer, taking you from the needed 7-8 hours of good sleep to less than 6 hours of fragmented sleep. In this session you will learn how that can affect your physical and mental health, lead to workplace safety issues and the dangers that come along with that.

C20 • REPEAT: Scaffolding Safety

Eduardo Avila, Apache Industrial

9:30 am – 10:30 am, All Levels

Scaffolding remains an essential tool in construction and maintenance projects,

providing workers with the necessary access to elevated workspaces. However, scaffolding accidents continue to be a leading cause of injuries and fatalities in the industry. This session will focus on the latest advancements in scaffolding safety.

C21 • Recognizing Drugs in the Human Body

Trooper Tarek Chase, NDHP

9:30 am – 10:30 am, All Levels

This session will teach participants to better identify signs and symptoms of drugs, both legal and illegal, in the human body. Identification will be discussed by observing human behaviors, mannerisms, movements, and speech patterns.

C22 • Get Home Safe Panel Discussion

ND WSI

9:30 am – 10:30 am, All Levels

This panel of professionals will discuss the North Dakota "Get Home Safe" initiative. Statistics from recent years will be shared with a look at why ND leads the nation in workplace injuries and fatalities. Panelists will also discuss what interventions are being put in place to bring the numbers down. We all want to "Get Home Safe"!

BACON BREAKFAST

7am - 8am
Thursday,
February 27



CALLING ALL BACON LOVERS!

Join us for a hot breakfast Thursday morning, featuring delicious Cloverdale bacon.

CEUs Available



NORTHWEST
CHAPTER



All our Conference sessions are being reviewed for CEUs to meet the criteria for:

- Board of Certified Safety Professionals
- Society for Human Resource Management
- American Board of Industrial Hygiene
- American Board for Occupational Health Nurses
- Alliance of Hazardous Materials Professionals

Select sessions are also being reviewed for CEUs for EMS and law enforcement. Visit ndsc.org or watch your inbox for full details.

See you in February!

VIRTUAL SAFETY CONFERENCE



Attend our Virtual Safety Conference from the comfort of your own home or office!
Choose from 18 virtual sessions below that will be livestreamed to wherever you are.

If you qualify for all discounts, the Virtual Conference is only \$405!

Register now at ndsc.org/annualconference

TUESDAY, FEBRUARY 25

INCLUDED!

TUESDAY MORNING KEYNOTE

8:30am - 9:45am
Jimmy Yeary

VAKN Keynote
5 Strategies to Songwriting

TUESDAY AM BREAKOUT SESSION OPTIONS

11am - 12pm
Jimmy Yeary

VA01
Building Teamwork through Storytelling

OR

11am - 12pm
Cheryl Froelich

VA03 - Developing Employees through Coaching, Feedback, and Self-Awareness

TUESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 1

1:30pm - 2:30pm
Ryan Bouda

VA12
Delivering Powerful Feedback

OR

1:30pm - 2:30pm
Scott Overson

VA13
OSHA Standards Update

TUESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 2

3:30pm - 5pm
Jason Kunz

VA22 - The Future of Safety & Health: Three Trends Shaping the Future of the Profession

OR

3:30pm - 5pm
Mike Harnett

VA23 - Sleep and World Domination: Your Hidden Superpower

WEDNESDAY, FEBRUARY 26

INCLUDED!

WEDNESDAY MORNING KEYNOTE

8am - 9:30am
Greg Wooldridge

VBKN - The Only Three-time Commanding Officer of The Blue Angels

WEDNESDAY AM BREAKOUT SESSION OPTIONS

10:30am - 12pm
Greg Wooldridge

VB01 - The Five Dynamics of a "Glad to Be Here" Debrief

OR

10:30am - 12pm
Dr. Marla Corson

VB03 - AI-Powered Safety: Revolutionizing Workplace Health and Risk Management

WEDNESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 1

1:30pm - 2:30pm
Dennis Snodgrass

VB12
Passing Through the Storm

OR

1:30pm - 2:30pm
Ryan Bouda

VB13 - Dynamic Delegation: Unlock Potential through Trust

WEDNESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 2

2:45pm - 3:45pm
Pat Traynor

VB22 - Unlocking the Digital Dilemma: Navigating the Dangers of Digital Addiction

OR

2:45pm - 3:45pm
Andrea Jensen

VB24
Selling Safety to Your Team

WEDNESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 3

4pm - 5pm
Ryan Bouda

VB33 - The Gen Effect: Igniting Collaboration in Today's Multi-Generational Workplace

OR

4pm - 5pm
Dr. Marla Corson

VB34 - Redefining Safety Leadership: The Crucial Role of Diversity and Inclusion

THURSDAY, FEBRUARY 27

INCLUDED!

THURSDAY MORNING KEYNOTE

11am - 12:15pm
Hunter Pinke

VCKN Keynote - No Bad Days: How to Live the Rest of Your Life without having Another Bad Day

THURSDAY AM BREAKOUT SESSION OPTION

8am - 9:15am
Brandon Schroeder

VC01 - Believe in Safety

DOWNLOAD THE CONFERENCE APP!

Use our Conference app to browse all the Exhibitors, view your personalized agenda, including where all your sessions are located throughout the Conference. You can also learn more about each speaker. To view your personal agenda, you will need to log into the app.

Android



Apple iPhone



The login credentials for the app are the attendee's email address and last name.



Once the app downloads, you'll enter access code **910649**

NDSC
NORTH DAKOTA SAFETY COUNCIL
A private non-profit.

SAFETY PAYS.



The average cost of an indemnity claim in North Dakota in 2022 was

\$55,977

Cost per all medically consulted injuries was **\$40,000**, while the cost per death was **\$1,390,000**.

Sources: workforcesafety.com, NSC Injury Facts 2022

Imagine a workplace where every employee goes home safe at the end of the day—this vision is within reach with a solid safety program. **Let NDSC's safety training experts guide your team.**

Workplaces with effective safety systems see 20–40% reductions in injury costs, improved morale, and stronger productivity. Investing in safety isn't just about avoiding tragedy—it's about enhancing your bottom line, protecting your workforce, and building a culture of safety.

The total cost of work injuries in the US in 2022 was

\$167 BILLION

In 2022, motor-vehicle injuries cost

\$481 BILLION

NDSC
NORTH DAKOTA SAFETY COUNCIL

ndsc.org

